





### FOP Lodge NY 3100 Newsletter "The Call Box" Summer 2024



President's Message

Few weeks ago we attended the Florida State Conference in Orlando and were able to attend some meetings, and more importantly meet members from the State, National and local lodges.

On August 1, 2024, the Palm Beach 1013 club will be hosting a fishing trip. Any members interested, please reach out to Jannette LaSota.

Our summertime ROMEO will be held on August 16, 2024 (the location will be determined at a later date). We will send out an email once confirmed.

Our 3rd annual Golf Outing will be held on Oct.10, 2024. The committee has been established headed by our 1st VP Paul Read. Please get your foursomes in early!

Our next meeting will be September 19, 2024. This meeting will start early @ 1800 hrs. We will dispense with the regular order of business as this night will be the RAFFLE DRAWING! We will be serving food & refreshments.

PLEASE, IF YOU HAVEN'T PURCHASED A RAFFLE TICKET, WE STILL HAVE SOME LEFT. \$10K GRAND PRIZE!

Summertime is here ~ stay safe, cool and always hydrated...

Finally....please keep checking your emails for other updates and events.

Fraternally.

Joe Berardi President

### **Board of Officers**

President - Joe Berardi 561-531-2995

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2nd VP / Chaplain Madeline Schaeffer 516-343-2688

Secretary - Mike McLoughlin 917-292-5697

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Sgt.@ Arms - Irving Rodriquez 646-773-5471

Inner Guard / Webmaster - Guy Van Noy 561-320-7040

Outer Guard - Charles J. Balsamo 561-926-4337

Editor - Harvey Feit 561-969-8568

Past President Arnie Dansky 561-822-6087 President Emeritus Stanley Kriegsman 561-703-5846

### **Coming Events**

Sept 19th Meeting at 6:00 PM Boynton Beach FOP Hall 1200 Miner Rd., Boynton Beach

October 10th Golf Outing
Village Golf Club
Royal Palm Beach

Oct 17th Meeting at 6:00 PM
Boynton Beach FOP Hall
1200 Miner Rd., Boynton Beach

Nov 21st Meeting at 6:00 PM
Boynton Beach FOP Hall
1200 Miner Rd., Boynton Beach

Dec 21st Holiday Party at 6:00 PM Benvenuto's
1730 N Federal Hwy
Boynton Beach, FL 33435

### **Editor's Corner**

In an effort to make this newsletter more inclusive for all of our members and their Law Enforcement Agencies, we are requesting your assistance. Members that have any information, that you would like to share with our membership, please forward that information to the editor.

Please visit our website at <a href="https://www.flfopny3100.com">www.flfopny3100.com</a> (Click on link) for additional information concerning our lodge.

# New FOP 3100 Hats and Shirts









### State of Florida Fraternal Order of Police Lodge NY 3100

Box 3100

8927 Hypoluxo Road, Ste. A-4 Lake Worth, FL 33467-5249

e-mail: FLFOPNY3100@gmail.com

WEB: www.flfopny3100.com

#### MEMBERSHIP APPLICATION

If you would like to join NY Lodge 3100, please complete this form and mail it to the Lodge with the appropriate dues and a copy of your retired law enforcement officer ID from any NY Law Enforcement Agency. The annual dues for retired NY Law Enforcement personnel are \$60.00. Please make your check payable to the FOP LODGE NY 3100 and mail it to the address listed above. Retired NY law enforcement personnel who reside anywhere in the State of Florida are eligible to become members. **Another option is to send a completed application via email along with a payment of \$60 through ZELLE. ZELLE payments to FLFOPNY3100@gamail.com** 

Last Name		First	MI	
Street address:				
City:		State:	Zip	
DOB:	Last 4 of SS #	Email		
Home Tele	Cell			
Beneficiary's name:		Relation	Tele No	
LAW ENFORCEMENT	INFORMATION			
Agency Retired From:		Command:		
Rank:	Shield #	Date F	Date Retired:	
If you are a Retired NY	Police Officer workir	ng for a Florida Law E	inforcement Agency,Name of Agency:	
		Rank:		
NON LAW ENFORCEM	MENT OCCUPATION:			
Title:C	company:	Product or service		
To the Officers of the Fra	ternal Order of Police: I,	the undersigned, an Act	tive Retired New York law enforcement officer,	
do hereby make applica	tion for Membership in	FL FOP Lodge NY 3	100. If my membership should be revoked or	
discontinued for any cau	se while in good standin	g, I do hereby agree to	return to said Lodge my membership card and	
any other material beari	ng the F.O.P. insignia, s	uch as auto emblem, lap	pel pin, etc.	
Signature			Rev 10/2023	



Florida Fraternal Order of Police Lodge NY 3100 8927 Hypoluxo Rd. Ste. A-4 Box 3100 Lake Worth, FL 33467-5249 E-Mail: FLFOPNY3100@GMAIL.COM

Web: flfopny3100.com

President Joseph Berardi 561-531-2995

1<sup>st</sup> VP & Trustee Paul W. Read 561-598--9834

C 561-676-6151

2nd VP/ Chaplin Maddie Schaeffer C 516-343-2688

Secretary Michael McLoughlin 917-292-5697

Treasurer Mario Villao 561-632-0965

Sgt. at Arms Irving Rodriguez 646-773-5471

Inner Guard Guy Van Noy 917-992-3885

Outer Guard Charlie Balsamo 561-926-4337

Editor Harvey Feit 561-749-1349

Webmaster Guy Van Noy 917-992-3885

Past President Arnie Dansky 561-676-6151

President Emeritus Stanley Kriegsman 561-703-5846 May 24, 2024

Greetings everyone,

The Fraternal Order of Police, Lodge 3100 located in Lake Worth Florida, will be hosting our third annual golf outing on October 10, 2024 at the Village Golf Club located in Royal Palm Beach.

To assist us in making this a successful outing, we are seeking to find Hole sponsors and Tee sponsors for the event. Hole sponsors will have their name embroidered on a flag which would be displayed at the event, then later turned over to the sponsor. The donation for a hole sponsor is \$200.00. A Tee sponsor would have their name/ Logo printed on a sign displayed at the Tee. That sign would also be returned to the sponsor at the end of the event. The donation for a Tee Sponsor is \$100.00.

We are a non-profit 501 C organization supported solely by our member's dues. Your generous support would be greatly appreciated. Portions of the proceeds will be used to support our lodge as well as Tunnel2Towers.org and a local Palm Beach County charity.

If you would like to sponsor this event, please complete the attached form and return it to us along with your donation. Any donation would be greatly appreciated. Donations can also be in the form of gift cards which would be raffled off at the event.

If you have any questions or concerns, please feel free to call me at 561-598-9834 or you can email me at fop3100VP@gmail.com

Thanking you in advance for your thoughtful contribution.

Respectfully,

Paul Read Golf Committee Chairman 1st Vice President Lodge NY3100



#### **2024 Golf Outing Sponsor Form**

Hole Sponsor \$200.00 Tee Sponsor \$100.00

Hole Sponsor:	Name of business/ Sponsor to be embroidered on Flag				
Tee Sponsor:	Name of sponsor/ business to be printed on sign				
** Attach a business card or Logo for printing					
	Name:				
	Address:				
	City, State Zip Code				
	Contact Phone:				
	Emails				

Please return to: FOP Lodge #3100 8927 Hypoluxo Rd Ste A-4 Box 3100 Lake Worth, Fl 33467-5249 EMAIL: FOP3100VP@gmail.com

#### FRATERNAL ORDER OF POLICE LODGE NY 3100

# 3RD ANNUAL GOLF OUTING THURSDAY OCTOBER 10, 2024 AT 0800 HOURS (PLEASE ARRIVE BY 7:00 AM)

# Village Golf Club 122 Country Club Drive Royal Palm Beach

Come out for a great day of golf!!!!



#### \$175.00 PP prior to 08/01/24 (\$195.00 PP after 08/01/24) Non golfers and guests \$50.00

Price includes golf w/cart, prizes for closet to the pin and longest drive, a tournament gift, luncheon, and open bar at the course Raffles Galore!!!

Proceeds to benefit FOP Lodge 3100, Tunnel2Towers Foundation and a local PBC charity

Mail completed reservation form to FOP Lodge #3100 8927 Hypoluxo Rd Ste A-4 Box 3100 Lake Worth, Fl 33467-5249

You can also email this completed form and pay by Zelle. Zelle to FLFOPNY3100 @gmail.com Email to the same address

Make all checks payable to FOP Lodge #3100

#### For more information contact Paul Read at 561-598-9834 or at FOP3100VP@gmail.com

Player #1	Email	Shirt Size
Player #2	Email	Shirt Size
Player #3	Email	Shirt Size
Player #4	Email	Shirt Size

#### Dear Members,

As many of you already know, we are in desperate need of a new RMP. We have outgrown our current RMP and are in need of a larger vehicle. Such as an SUV type vehicle. We use this vehicle more than ever now to travel to funerals and events. For the events, we need to transport much more than we can fit in a trunk of a car. We transport food, shirts, tents, supplies, beverages etc etc.

To help us supplement the cost of the vehicle, we are running a raffle. Only 300 tickets are going to be sold, so get in on it now!!!! The cost of a ticket is \$100. The top prize will be \$10,000!!! See the ticket below for all additional prizes. This is a great way for you to support your FOP Lodge and for a chance to win \$10,000!!!!

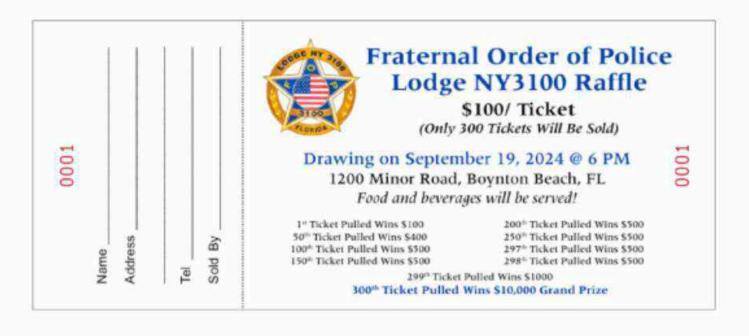
If you have a favorite number between 1 and 300, feel free to pick your number. Once I receive the \$100 for the ticket, the number is yours!!!

Payment can be in the form of a check made out to the lodge or via ZELLE. Zelle payments can be sent to: FLFOPNY3100@GMAIL.COM through your Bank.

Checks can be sent to: FOP Lodge NY3100 8927 Hypoluxo Rd Suite A-4 Box 3100 Lake Worth, FL 33467

Fraternally,

Joe Berardi President FOP Lodge NY 3100



#### Summer, 2024

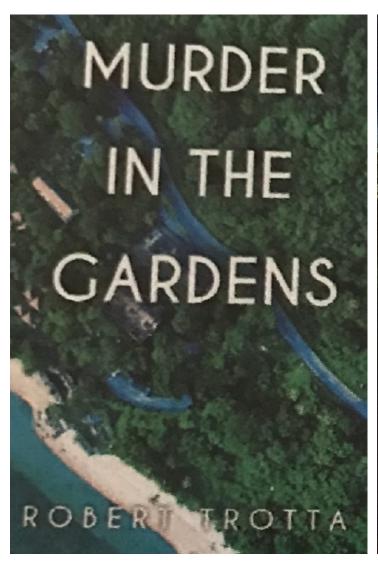
#### Florida State FOP Convention

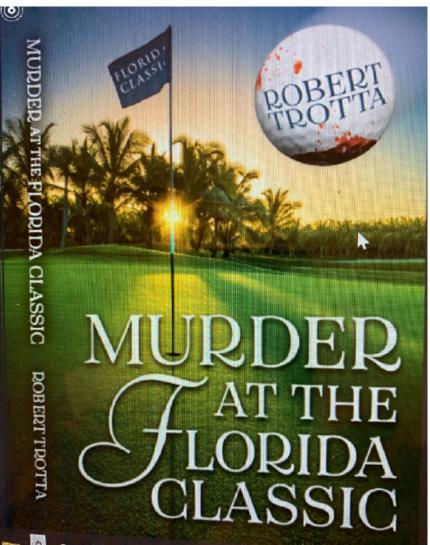












Books written by our Member Robert Trotta

Can be purchased at

Amazon



# LAW ENFORCEMENT OFFICER FIREARMS QUALIFICATION STANDARD

CJSTC 86A

Law Enforcement Incorporated by Reference in Rule 11B-27.00212(14), F.A.C.

OFFICER'S NAME:	DATE PERFORMED:		
OFFICER ID:	LAST FOUR DIGITS OF SOCIAL SECURITY NUMBER:AGENCY'S ORI: FL		
AGENCY'S NAME:			
OFFICER EMPLOYMENT TYPE: LAW ENFORCEMENT SPECIAL ELE	ECTED OR APPOINTED RAILROAD POLICE		
Make/Model Firearm # 1:	SERIAL NUMBER:		
MAKE/MODEL FIREARM # 2:	SERIAL NUMBER:		
(Firearm #2 Space For Agency Use Only)			
COMMISSION'S APPROVED COURSE OF FIR	E FOR THE FIREARMS QUALIFICATION STANDARD		
STAGE 1 HIP AND TWO-HAND HIGH POINT FROM THE DRAW	STAGE 2 TWO-HAND HIGH POINT FROM THE COMPRESSED READY		
Using a single target from the 1-3-yard lines:  Draw and fire 3 rounds from the hip; then create distance and fire 3 rounds from the two-hand high point in 6 seconds  Assume the compressed ready.			
STAGE 3 PRIMARY AND SUPPORT HAND EXTENDED FROM THE DRAW	STAGE 4 TWO-HAND HIGH POINT FROM THE DRAW		
<ul> <li>Using a single target from the 3-yard line:</li> <li>Draw with the primary hand only while stepping left, and fire 3 rounds in 5 seconds.</li> <li>Reload (if needed); safely transition weapon to support hand; and assume the compressed ready.</li> <li>Realign on target.</li> <li>Step right and fire 3 rounds in 5 seconds with support hand only.</li> <li>Safely transition to the primary hand and holster.</li> </ul>	<ul> <li>Realign on target.</li> <li>Draw, step left, fire 2 rounds in 5 seconds, and holster.</li> </ul>		
Stage 5 Two-Hand high point from the draw with a MANDATORY RELOAD	STAGE 6 TWO-HAND HIGH POINT FROM THE DRAW		
Using a single target from the 7-yard line:  Draw, step right, fire 12 rounds in 20 seconds, and holster.	Using a single target from the 15-yard line:  Draw, step right, fire 6 rounds in 15 seconds, and holster.		
	VEAPON: 2 PASS FAIL For Agency Use Only)		
Officer's Signature:	DATE:		
INSTRUCTOR'S SIGNATURE:			
INSTRUCTOR'S PRINTED NAME:			
AGENCY ADMINISTRATOR/DESIGNEE'S SIGNATURE:	DATE:		

# If you're retired and still carrying concealed under LEOSA you may want to get this carry insurance for a piece of mind!... See more



### FOP Legal Defense Plan for Retired Officers

Retired officers are eligible for unlimited legal defense coverage for civil and criminal claims associated with the legal carrying and use of a concealed weapon.

Legal Defense Coverage has become even more of a necessity for retired law enforcement officers who are conceal carrying. That's why the FOP Legal Defense Plan offers the

Retired Law Enforcement Concealed Carry Coverage (CCC).



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Scan Code or go to fop legal.com

# DO YOU HAVE CONCEALED CARRY LEGAL DEFENSE?

#### For only \$75 per year:

- Defense for criminal and civil charges
- Carry and use of a concealed weapon
- Unlimited legal defense coverage when using a plan attorney
- Retirees who are qualified under LEOSA or their own state laws to carry a concealed weapon

Summer, 2024



# **Retiree Helpline** 1-800-599-1085

### Poppa Needs Floridians to Volunteer for POPPA.

(Police Organization Providing Peer Assistance) is a volunteer police peer support network committed exclusively to providing a confidential, safe, and supportive environment for New York City police officers and NYPD retirees. Operating 24/7, every day of the year, POPPA assists officers to cope effectively with personal or job-related stress. We are dedicated to preventing or reducing POPPA Inc.

32 Broadway, Suite 1401 New York, NY 10004 Telephone: 212.298.9111 Fax: 212.233.0548POPPA Inc. 32 Broadway, Suite 1401 New York, NY 10004

Fax: 212.233.0548, <u>depression</u>, <u>anxiety</u>, marital and relationship conflict, <u>substance use</u>, and suicide. Utilizing NYPD officers who volunteer with POPPA and a professional mental health network, POPPA reduces the gap between essential support services and officers' access to these services.

**Telephone: 212.298.9111** 

#### Retiree Program

In 2006, POPPA started its Retiree Program. The program began with 26 retired NYPD officers dedicated to help meet the needs of fellow retired police officers. The mental health and other unique needs of this group are often overlooked. Retired police officers can use POPPA services for a variety of stress or mental health issues, relationship problems, substance use, or if they feel suicidal. Sometimes, retirees just need to reconnect with another person who can identify as a law enforcement peer.

The Retiree Program has grown to more than 100 volunteers spanning several states across the country in addition to New York.



## POPPA.

#### Police Organization Providing Peer Assistance

32 Broadway • Suite 1401 • New York, N.Y. 10004 • (212) 298-9111 • Fax (212) 233-0548

All of us at POPPA would like to extend a heartfelt congratulations to you on your retirement.

During your career, you may have met POPPA peer support officers or other people from POPPA at the Police Academy as a new recruit, at your precinct, or following a critical incident.

POPPA started in 1996 as a confidential, peer-based support network for active-duty NYPD officers. in 2006 we expanded our services to be able to respond to retired officers. Thousands of officers have reached out to POPPA for help in dealing with a wide range of job-related and personal issues'; throughout their years of service, during the transition from active-to-retired status, and into their retirement years. You are always welcome to call our Retiree HelpLine if you feel stressed and want to talk with a peer support officer or need help in finding support services.

Retiring from the NYPD marks the completion of a career and can bring mixed emotions. Each of us has had an image of what retirement would be like. For some, the day could not have come soon enough. For others, the changes in relationships with police peers, the identity as a police officer, the change of pace and leaving a job you loved, or starting a new career can present some difficulties in this new chapter. There are huge differences in the amount of your "free" time, the degree of structure to your day, changes in family responsibilities, and the level of social activity and potential support. Unfortunately, for many officers, the troubling events that were filed away during a career may come to the surface and the ways in which officers cope sometimes adds to the difficulty.

If you contributed to POPPA by making a donation through your psycheck, we sincerely thank you and are proud to continue our commitment to you into your retirement.

We invite you to look at the POPPA website to see the array of services we offer that may be of interest to you. Please let us know if you would like to participate either in person or by zoom in a once-monthly Wednesday group for retired NYPD officers to discuss issues such as relationships, health, or get new ideas on healthy coping and self-care. We hope to continue to be a valuable resource to you so that you enjoy your many years ahead in good health and happiness.

Sincerely.

Thomas Hovagim President, POPPA, Inc.

POPPA Website: www.poppanewyork.org

Retiree HelpLine: (800) 599-1085



When a Police Officer is killed, It's not an agency that loses an Officer, it's an entire nation.

71 138 1,828 2,723 26,644

Line of Duty Deaths Line of Duty Deaths Line of Duty Deaths Line of Duty Deaths Line of Duty Deaths

This Year Last Year LAST FIVE YEARS LAST TEN YEARS FOR ALL TIME



#### Remember All of Our Fallen Heroes



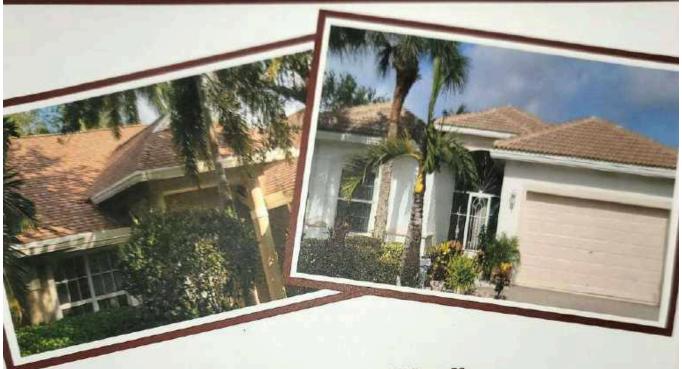


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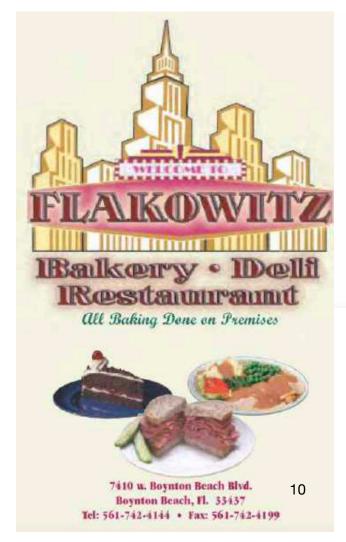
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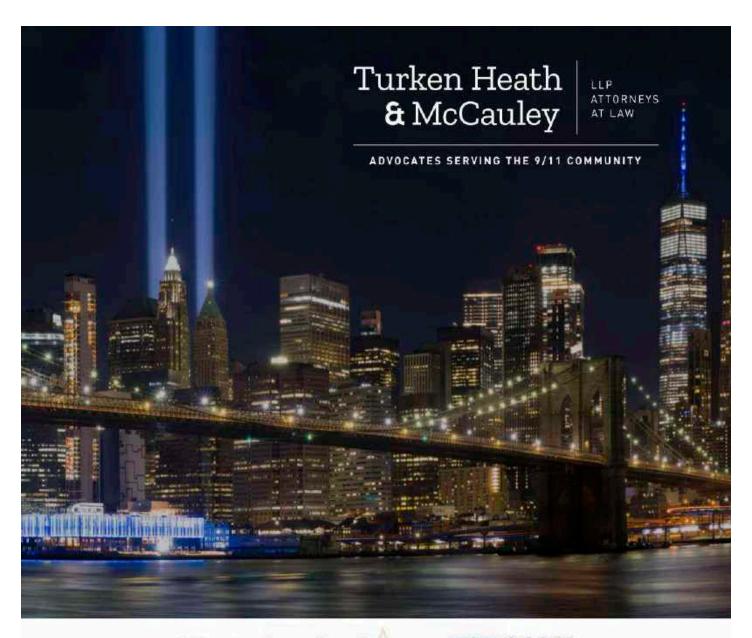






Go to our <u>webform here</u> to ask your question or explain the problem you are having, and we will contact you. 9/11 Health Watch, 100 South Swan St. Albany NY 12210

9/11 Health Watch is here to help if you are having difficulties in accessing World Trade Center Health Program services, or have questions about the World Trade Center Health Program or the September 11<sup>th</sup> Victim Compensation Fund.



### We are Proud to Support FOP 3100!

Turken, Heath & McCauley, LLP

84 Business Park Drive, Suite 307, Armonk, NY 10504

Advocates Serving the 9/11 Community

We are forever indebted to the Men and Women in law enforcement and to their Families for their Tireless service, selflessness and daily acts of bravery.

Thank you and God Bless You All!

Matthew J. McCauley, Partner & Ret. NYPD • (914) 363 – 6355 Jeannie Kelly, Director of 9/11 Outreach & Education, Ret. NYPD • (516) 307 – 7965



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#### Summer, 2024







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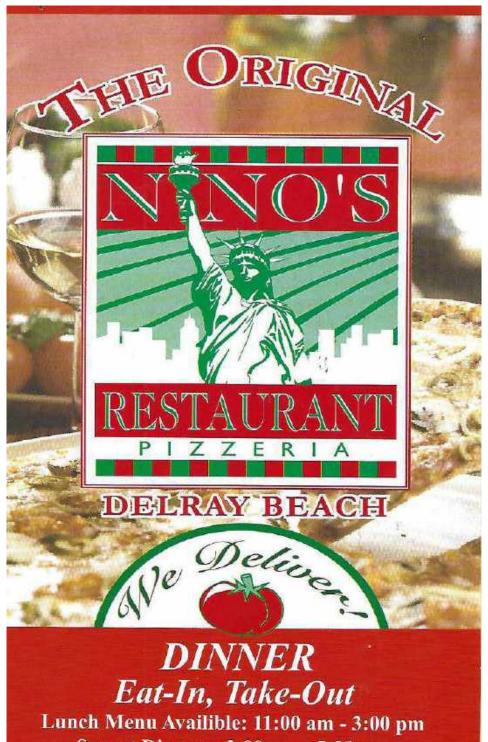
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(561) 381-7571 – Palm Beach County

(954) 510-3770 - Broward County

(407) 459-8069 - Orange County

(718) 591-8843 - New York



Lunch Menu Availible: 11:00 am - 3:00 pm Sunset Dinners: 3:00 pm - 5:30 pm 13900 S. Jog Rd.

(N.E. Corner of Jog & Lake Ida Rd.)
San Marco Plaza

(561) 499-3988

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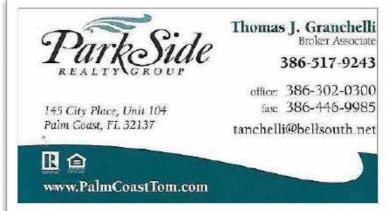
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#### **NYC 2024 COST OF LIVING ADJUSTMENT (COLA)**

Cost-of-Living Adjustment (COLA)

Every September, eligible retirees and beneficiaries receive a Cost-of-Living Adjustment (COLA) to

their retirement allowance that is based on the Consumer Price Index (CPI).

WHAT IS THE 2024 COLA RATE?

The 2024 Cost-of-Living Adjustment (COLA) for eligible retirees and beneficiaries is 1.8%.

If you are eligible to receive COLA, it will be reflected in your September 30, 2024 Pension Payment.

Comes out to \$27.00 per month



Fraternal Order of Police Florida Lodge NY 3100 8927 Hypoluxo Rd.Ste A-4 Box 3100 Lake Worth, FL 33467